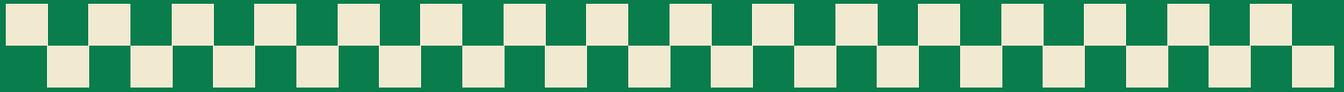


Growing Stories Garden

A 45-Minute Terrarium & Communication Skills Programme



Executive Summary

Growing Stories Garden is a 45-minute experiential learning workshop that integrates creative terrarium building with structured oral communication practice. Designed for primary school students, the programme

supports Singapore MOE's focus on:

21st Century Competencies (21CC)

Social-Emotional Learning (SEL)

Character and Citizenship Education (CCE)

English Language – Speaking and Listening Skills

Students create a personal terrarium and participate in a guided Show-and-Tell, where they explain their choice of figurine and its meaning.

This structured sharing builds confidence, clarity of expression, empathy, and respectful listening. The programme supports holistic education by combining creativity, environmental appreciation, and communication development within a safe and engaging format.



Alignment with MOE Framework

A. 21st Century Competencies (21CC)

A. Communication, Collaboration & Information Skills

Students will:

- Express ideas clearly and confidently.
 - Speak in complete sentences during sharing.
 - Organise thoughts before presenting.
 - Listen actively and respectfully to peers.
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B. Social Awareness & Relationship Management

Students will:

- Show respect when others are speaking.
 - Practice empathy through understanding peers' stories.
 - Offer positive affirmations ("Thank you for sharing.")
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C. Self-Awareness & Self-Management

Students will:

- Reflect on personal strengths, values, or goals.
- Identify emotions connected to their figurine choice.
- Practice calming breathing techniques before speaking.

2. Character & Citizenship Education (CCE)

This programme supports:

- Building confidence and resilience.
- Developing positive self-identity.
- Respecting diverse perspectives.
- Appreciating nature and the environment.

Students learn that:

- Every voice matters.
- Different stories are valuable.
- Confidence grows through practice.

3. English Language – Speaking & Listening Outcomes

Aligned with MOE EL syllabus objectives:

Students will:

- Speak audibly and clearly.
- Organise ideas logically.
- Engage audience with eye contact.

4. Social-Emotional Learning (SEL)

The workshop supports key SEL competencies:

Self-Awareness

Students reflect on:

- Their interests
- Their strengths
- Their feelings

Self-Management

Students practice:

- Deep breathing before speaking
- Managing nervousness
- Staying focused during tasks

Relationship Skills

Students:

- Take turns speaking
- Give encouraging feedback
- Practice active listening



Structure of Programme

Welcome & Emotional Warm-Up (5 minutes)

- Introduction to confidence and respectful listening
- Simple breathing exercise:
“Smell the flower... blow the candle.”

Supports:

Self-management & readiness to learn

Guided Terrarium Creation (25 minutes)

Students:

- Layer stones and soil
- Plant greenery
- Choose one figurine representing something meaningful

Prompt:

“Choose something that represents who you are, what you like, or a strength you have.”

Supports:

- Creative expression
- Fine motor coordination
- Identity development

Structured Show & Tell (12–15 minutes)

Students share (30–60 seconds each):

- Name
- Figurine choice
- Meaning behind choice

Class response:

“Thank you for sharing.”

Facilitator provides gentle feedback on:

- Clear voice
- Eye contact
- Effort and courage

Supports:

- Oral communication
 - Confidence building
 - Social respect
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Observable Learning Outcomes

By the end of the session, students will be able to:

- ✓ Speak in front of peers with basic confidence
- ✓ Organise simple ideas before sharing
- ✓ Demonstrate respectful listening behaviour
- ✓ Express personal meaning using descriptive language
- ✓ Show increased willingness to participate



Why This Matters for Schools

This workshop:

- Reinforces classroom show-and-tell skills
- Supports shy students in low-pressure speaking practice
- Builds positive classroom culture
- Integrates environmental appreciation with communication development
- Provides experiential learning beyond textbook instruction

It complements:

- English Oral Communication lessons
- CCE modules
- SEL development programmes
- Student Leadership training foundations



Materials & Logistics

All materials provided:

- Terrarium container
- Soil & stones
- Live plant

- Figurine
- Decorative elements
- Full facilitation
- Set-up and clean-up



Pricing Structure

- \$15/pax
- Minimum 10 pax to start
- Maximum of 15 per group



Contact Us

To schedule a session, please contact:

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Key Educational Message

This is not just a craft activity.

It is a structured confidence-building and communication development experience aligned with Singapore MOE's holistic education goals.

Students leave with:

- A completed terrarium
- A successful speaking experience
- Improved peer respect